

Pupcakes

Here's a special occasion, sweet treat for your pups. Remember, to serve up these doggy cupcakes in moderation, we don't want your poodle addicted to strudel!

2 3/4 cups	water
1/4 cup	unsweetened apple sauce
1/4 teaspoon	vanilla
4 cups	wholemeal flour
1 cup	dried apple pieces - you can also use fresh fruit
1 tablespoon	baking powder
1	cage free egg, beaten slightly
4	tablespoons honey

Preheat oven to 175 degrees. Spray muffin tin with cooking spray.

Mix all wet ingredients thoroughly. Combine dry ingredients in separate bowl.

Add wet ingredients to dry ingredients slowly, scraping well to make sure no dry mixture is left.

Pour into muffin tins.

Bake for 1 1/4 hours. Insert a toothpick into the centre of a pupcake and if it comes out dry, they are ready to come out of the oven.

Wait until cooled to serve.

Store in a sealed container.

Makes around 12-14 pupcakes.

